

## Sunday

**8:00 AM Sunday Serenity AFG (#46380)**  
(Electronic Only)  
Zoom# 103868065 Password 030491

**9:00 AM Progress Not Perfection AFG**  
(#30809418) In-person meeting at Kailua Beach Park, 526 Kawailoa Rd., Kailua, 96734 (across Buzz's near the Lauhala tree in the center). Bring chair or beach mat. On rainy days, we are under the pavilion near the boat ramp. On regatta weekends, we meet at the Kailua District Park toward the back of the field under a big tree.

### 10:00 AM Catch the Wave Step Study in Waikiki

Look for us near the bougainvillea arbor between the Aquarium and snack bar. Bring chair or beach mat. "We meet rain or shine!"

**1:00 PM A New Beginning AFG (#36354)**  
Zoom# 687313770 Password 030491  
Literature meeting. Email for info:  
[anewbeginningcdoahu@gmail.com](mailto:anewbeginningcdoahu@gmail.com)

### 1:15 PM Japanese Language AFG 1st & 3rd Sundays

Makiki Christian Church, 829 Pensacola St., Honolulu, 96814 1-1/4 hrs (75 mins)  
Email for meeting info: [NihongoAFG@gmail.com](mailto:NihongoAFG@gmail.com)

**4:30 PM As We Understood AFG**  
(#30578439) (Electronic Only)  
Zoom# 658656071 Password 030491

**7:00 PM Sunday Nite Aloha AFG (#40425)**  
Zoom# 419475066 Password 030491

\*Our Redeemer Lutheran Church, 1404 University Ave, Honolulu, 96822. Classroom 5 - nearest University Ave.

## Monday

**6:00 PM How AFG Works Book Study**  
(#30793874) In-person meeting at Kailua District Park (Room DMR-chairs provided) 21 S Kainalu Dr., Kailua, 96734; On holidays, meet outside under the pavilion, same location, bring a chair.

**7:30 PM Makiki Monday Night AFG (#3310)**  
Zoom# 574162434 Password 030491  
St. Clement's Episcopal Church, 1515 Wilder Ave, Honolulu, 96822; Hybrid meeting with Zoom.  
Speaker/discussion/literature meeting.

## Tuesday

**10:00 AM Making Choices AFG**  
(#30814837) 2699 Kalakaua Ave., Kapiolani Park near Barefoot Café on the eastside (toward aquarium). At picnic table if available. If lost, text Karen at 585-750-5384.

**12:00 PM Kaneohe Kokua Hui AFG (#31010)**  
(Electronic Only)  
Zoom# 883533731 Password 030491  
\*Tradition & Concept Study; Helen (808) 292-0519

**6:30 PM Kupa'a Step Study AFG (#3309)**  
First Baptist Church of Honolulu, 1313 Pensacola St., (corner of Pensacola & Kinau St.), Honolulu, 96814. Do not park at the Makiki Post Office.  
Tracy W (775) 233-3385

**7:15 PM K-Bay Just For Tonight (#30777442)**  
(Electronic Only)  
Zoom# 829483073 Password 030491

## Wednesday

**12:15 PM Steps to Serenity AFG (#37128)**  
(Electronic Only)  
Zoom# 249878088 Password 030491  
Helen (808) 292-0519

## Wednesday

**6:30 PM North Shore Serenity AFG (#501522)**  
Zoom# 84783266578 Password 809980  
St. Michael's Church, Outreach Room, 67-390 Goodale Ave, Waiialua, 96791; Hybrid meeting with Zoom.

**6:30 PM Free To Be Me Windward AFG**  
(#30849531) St. Ann's Church (across from Windward Mall) 46-129 Haiku Road, Kaneohe, 96744; 2<sup>nd</sup> floor of the school building in back w/red cross on it.  
Rose H. (808) 721-9443

**7:00 PM Letting Go AFG (#38256)**  
St. Timothy's Episcopal Church (across Pearl Ridge Elementary and Community Park), 98-939 Moanalua Rd., Aiea, 96701; Kau'i (808) 436-4333

## Thursday

**10:00 AM One Day At A Time AFG**  
(#30635724) Kapolei Regional Park, 1077 Manawai St., Kapolei, 96707; Meets under the trees near the bathroom. Bring a chair. On rainy days (only), meet via phone at (978) 990-5000, Passcode 140849#

**11:00 AM Thursday Noon Beginners Group AFG (#30588197)** (Electronic Only)  
Zoom# 494789367 Password 030491

**12:00 PM Thursday Noon at The Crossroads**  
(#3313) (Hybrid Meeting)  
Zoom# 494789367 Password 030491  
Church of the Crossroads, 1212 University Ave, Honolulu, 96826. Park at pay parking lot. See member for code.

**12:15 PM Aikahi Noon Hui AFG (#3314)**  
(Electronic Only)  
Zoom# 467067699 Password 030491  
Beverly (808) 235-4354 or Helen (808) 292-0519

**7:30 PM Malia AFG (#3311)**  
(Electronic only)  
Zoom# 244667207 Password 030491

**Friday**

**10:00 AM Friday Morning Step Study AFG (#50925)** (Electronic Only)  
Zoom# 968093330 Password 030491

**7:30 PM Mililani AFG (#3321)**  
Christ Lutheran Church, 95-1361 Meheula Pkwy.,  
Mililani, 96789 (AA) Please bring a chair.

**Saturday**

**9:30 AM Keep It Simple Saturday (#30639451)**  
Zoom# 473587795 Password 030491  
Kailua Beach Park, Kailua, 96734. Hybrid in-person/  
Zoom mtg. in park (across Buzz's near the Lauhala tree).  
Bring headphone & cell phone & chair or beach mat. On  
rainy days, we are under the pavilion near the boat  
ramp. On regatta weekends, we meet at Starbucks  
Aikahi Shopping Center at outside tables. Coin birthdays  
on 4<sup>th</sup> Saturday of the month. Sharon (808) 783-7715

**6:30 PM Saturday Night Hawaii Kai AFG (#30786249)** Holy Trinity Catholic Church,  
5919 Kalaniana'ole Highway, Honolulu, 96821  
Doors open at 6:15 p.m.

**Alateen (New Meeting)**

**Monday**  
**7:15 PM Alateen Game Changers (#30866819)**  
St. Clement's Episcopal Church, 1515 Wilder Ave,  
Honolulu, 96822; (Al-anon)

*Many Al-Anon meetings have set  
up electronic or audio only  
meetings.*

*Zoom call in: 1-646-568-7788*

*\*Strikethrough represents meeting  
locations on hold until further notice.*



**O`ahu**

**Al-Anon / Alateen  
Meeting Schedule**

**November 2025 – April 2026**

“Al-Anon/Alateen is an anonymous  
fellowship of people who live with or  
who have lived with the disease of  
alcoholism.”

Al-Anon/Alateen meetings are for  
anyone whose life is or has been  
affected by someone else's drinking.

Al-Anon Family Group, Inc.  
(WSO headquarters)  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

**Website: <https://al-anon.org>**  
**World-wide meeting information**  
**in USA call: 1-888-425-2666**  
**(8 am – 6 pm EST)**

**24-Hour Meeting Information**

**O`ahu 808-546-5647**  
Hawai`i 808-935-0971  
Kaua`i 888-669-5523  
Maui 808-242-0296

**Hawai`i Area Website:**  
**<https://www.al-anonhawaii.org>**

**Hawai`i Al-Anon Literature Center (HALC)**  
**Email: [hawaii.alanon.literature@gmail.com](mailto:hawaii.alanon.literature@gmail.com)**

Schedules are published in  
May and November by the  
**O`ahu Information Service**  
**PO Box 29424**  
**Honolulu, HI 96820**

*Schedules will be posted to the  
Hawai`i Area website*

**Phone Numbers**
