

Sunday

8:00 AM Sunday Serenity AFG (#46380)
(Electronic Only)
Zoom# 103868065 Password 030491

9:00 AM Progress Not Perfection AFG
(#30809418) Kailua Beach Park, 526 Kawailoa Rd., Kailua, 96734 (across Buzz's near the Lauhala tree in the center). Bring chair or beach mat. On rainy days, we are under the pavilion near the boat ramp. On regatta weekends, we meet at the Kailua District Park toward the back of the field under a big tree.

10:00 AM Catch the Wave Step Study in Waikiki

Look for us near the bougainvillea arbor between the Aquarium and snack bar. Bring chair or beach mat. "We meet rain or shine!"

1:00 PM A New Beginning AFG (#36354)
Zoom# 687313770 Password 030491
Literature meeting. Email for info:
anewbeginningcdoahu@gmail.com

1:15 PM Japanese Language AFG (#28191)
1st & 3rd Sundays
Hybrid meeting (Zoom & In-person)
Email for meeting info: NihongoAFG@gmail.com
Makiki Christian Church, 829 Pensacola St., Honolulu 96814

4:30 PM As We Understood AFG
(#30578439) (Electronic Only)
Zoom# 658656071 Password 030491

7:00 PM Sunday Nite Aloha AFG (#40425)
Zoom# 419475066 Password 030491

*Our Redeemer Lutheran Church, 1404 University Ave., Honolulu, 96822. Classroom 5 - nearest University Ave.

Monday

7:30 AM Start with Serenity AFG **NEW**
(#30882355) Chick-Fil-A Events Room, 1837 Kapiolani Blvd., Honolulu, 96826; Hawai'i (707) 408-1122
Email: loverecovery99@gmail.com

6:00 PM How AFG Works Book Study
(#30793874) Kailua District Park (Room DMR-chairs provided) 21 S Kainalu Dr., Kailua, 96734; On holidays, meet outside under the pavilion, same location, bring a chair.

7:30 PM Makiki Monday Night AFG (#3310)
Zoom# 574162434 Password 030491
St. Clement's Episcopal Church, 1515 Wilder Ave, Honolulu, 96822; Hybrid meeting with Zoom.
Speaker/discussion/literature meeting.

Tuesday

10:00 AM Making Choices AFG
(#30814837) 2699 Kalakaua Ave., Kapiolani Park near Barefoot Café on the eastside (toward aquarium). At picnic table if available. If lost, text Karen at 585-750-5384.

12:00 PM Kaneohe Kokua Hui AFG (#31010)
(Electronic Only)
Zoom# 883533731 Password 030491
*Tradition & Concept Study; Helen (808) 292-0519

6:30 PM Kupa'a Step Study AFG (#3309)
First Baptist Church of Honolulu, 1313 Pensacola St., (corner of Pensacola & Kinau St.), Honolulu, 96814.
Do not park at the Makiki Post Office.
Tracy W (775) 233-3385

7:15 PM K-Bay Just For Tonight (#30777442)
(Electronic Only)
Zoom# 829483073 Password 030491

Wednesday

7:30 AM Start with Serenity AFG **NEW**
(#30882355) Chick-Fil-A Events Room, 1837 Kapiolani Blvd., Honolulu, 96826; Hawai'i (707) 408-1122
Email: loverecovery99@gmail.com

12:15 PM Steps to Serenity AFG (#37128)
(Electronic Only)
Zoom# 249878088 Password 030491
Helen (808) 292-0519

12:30 PM Wednesday Al-Anon Literature Group **NEW** (#30876839) Church of the Crossroads, 1212 University Ave., Honolulu, 96826

6:30 PM North Shore Serenity AFG (#501522)
Zoom# 84783266578 Password 809980
St. Michael's Church, Outreach Room, 67-390 Goodale Ave, Waiialua, 96791; Hybrid meeting with Zoom.

6:30 PM Free To Be Me Windward AFG
(#30849531) St. Ann's Church (across from Windward Mall) 46-129 Haiku Road, Kaneohe, 96744; 2nd floor of the school building in back w/red cross on it.
Summer (808) 386-8088

7:00 PM Letting Go AFG (#38256)
St. Timothy's Episcopal Church (across Pearl Ridge Elementary and Community Park), 98-939 Moanalua Rd., Aiea, 96701; Kau'i (808) 436-4333

Thursday

10:00 AM One Day At A Time AFG
(#30635724) Kapolei Regional Park, 1077 Manawai St., Kapolei, 96707; Meets under the trees near the bathroom. Bring a chair. On rainy days (only), meet via phone at (978) 990-5000, Passcode 140849#

11:00 AM Thursday Noon Beginners Group AFG (#30588197) (Electronic Only)
Zoom# 494789367 Password 030491

Thursday

12:00 PM Thursday Noon at The Crossroads
(#3313) (Hybrid Meeting) Zoom# 494789367

Password 030491; Church of the Crossroads,
1212 University Ave, Honolulu, 96826. Park at pay
parking lot. See member for code.

12:15 PM Aikahi Noon Hui AFG (#3314)
(Electronic Only) Zoom# 467067699
Password 030491 Beverly (808) 235-4354 or
Helen (808) 292-0519

7:30 PM Malia AFG (#3311)
(Electronic only)
Zoom# 244667207 Password 030491

Friday

10:00 AM Friday Morning Step Study AFG
(#50925) (Electronic Only)
Zoom# 968093330 Password 030491

7:30 PM Mililani AFG (#3321)
Christ Lutheran Church, 95-1361 Meheula Pkwy.,
Mililani, 96789 (AA) Please bring a chair.

Saturday

9:30 AM Keep It Simple Saturday (#30639451)
Zoom# 473587795 Password 030491
Kailua Beach Park, Kailua, 96734. Hybrid in-person/
Zoom mtg. in park (across Buzz's near the Lauhala tree).
Bring headphone & cell phone & chair or beach mat. On
rainy days and regatta days, meetings will be on Zoom
only. Coin birthdays on 4th Saturday of the month.
Sharon (808) 783-7715

6:30 PM Saturday Night Hawaii Kai AFG
(#30786249) Holy Trinity Catholic Church,
5919 Kalaniana'ole Highway, Honolulu, 96821
Doors open at 6:15 p.m.

Alateen (New Meeting)

Monday

7:15 PM Alateen Game Changers (#30866819)
St. Clement's Episcopal Church, 1515 Wilder Ave,
Honolulu, 96822; (Al-anon)

*Many Al-Anon meetings have set
up electronic or audio only
meetings.*

Zoom call in: 1-646-568-7788

**Strikethrough represents meeting
locations on hold until further notice.*



O`ahu Al-Anon / Alateen Meeting Schedule May – October 2026

"Al-Anon/Alateen is an anonymous
fellowship of people who live with or
who have lived with the disease of
alcoholism."

Al-Anon/Alateen meetings are for
anyone whose life is or has been
affected by someone else's drinking.

Al-Anon Family Group, Inc.
(WSO headquarters)
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Website: <https://al-anon.org>
World-wide meeting information
in USA call: 1-888-425-2666
(8 am – 6 pm EST)

24-Hour Meeting Information

O`ahu 808-546-5647

Hawai'i 808-935-0971

Kaua'i 888-669-5523

Maui 808-242-0296

Hawai'i Area Website:

<https://www.al-anonhawaii.org>

Hawai'i Al-Anon Literature Center (HALC)
Email: hawaii.alanon.literature@gmail.com

Schedules are published in
May and November by the
O`ahu Information Service
PO Box 29424
Honolulu, HI 96820

*Schedules will be posted to the
Hawai'i Area website*

Phone Numbers

7/24/2026